

Service Meetings

September 2026

Area Service Committee

6:00pm Second Thursday of every month

ASC is a Hybrid Committee meeting

In Person:

High Hilton Church 1-3 Hilton Dr,
Aberdeen AB24 4NQ

Online:

Meeting ID - 827 2729 3926 - Password : area

Local Service Committee

6:00pm Last Thursday of every month

Meeting ID - 853 5630 449 - Password : LSC

Useful Contacts

East Coast Scotland Phoneline:

0800 048 4812

National Helpline:

0300 999 1212

East Coast Scotland e-mail:

pi@east.scotland.ukna.org

National e-mail:

pi@ukna.org

UK Service Office:

Derby House, 12 Winckley Square, Preston
PR1 3JJ - www.ukso.biz

[illegible]

**East Coast Scotland
Narcotics Anonymous.**

ecscotna.org

WHERE TO FIND MEETINGS LIST

FREE PHONELINE NUMBER

0800 048 48 12

Scan the QR Code to message us on

Our What's App chat

or visit our home page

ecscotna.org



What Is The Narcotics Anonymous Program?

NA is a non-profit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. There are no strings attached to NA. We are not affiliated with any other organizations, we have no initiation fees or dues, no pledges to sign, no promises to make to anyone. We are not connected with any political, religious or law enforcement groups, and are under no surveillance at any time. Anyone may join us, regardless of age, race, sexual identity, creed, religion, or lack of religion.

Scan QR for our Website



Aberdeen

Monday (7:00pm – 8:30pm)

Kildrummy Ward, Royal Cornhill Hospital, Aberdeen, AB25 2ZH
(Open, Share, Step, Reading, Wheelchair Access,
No Dogs Allowed)

Tuesday (7:00pm – 8:30pm) Keep it Simple

St Mary's Cathedral, Huntly Street, Aberdeen,
AB10 1SH
(Open, Share)
Buzz Internal Buzzer Ogilvy Hall for Entry

Wednesday (7:15pm – 8:45pm) Connect @ Castlegate

St Peters Church, 3 Chapel Ct, Aberdeen AB11 5HX
(Open, Share, No Wheelchair Access)

Thursday (8:00pm – 9:00pm) Rosehill - A New Way of Life

Aberdeen Hillside Parish Church, Hilton Drive, Aberdeen,
AB24 4NQ
(Closed - Open on Request, Rotating Format,
Wheelchair Access)

Friday (8:00pm – 9:00pm) New Beginnings

Kildrummy Ward, Royal Cornhill Hospital, Aberdeen, AB25 2ZH
(Open, Share, Reading, Wheelchair Access, No Dogs Allowed)

Saturday (11:00am – 12:00pm) Steps to Serenity Women's Meeting

Aberdeen Hillside Parish Church, Hilton Drive, Aberdeen, AB24
4NQ
(Open, Rotating Format, No Wheelchair Access, Child Friendly)

Saturday (6:00pm – 7:30pm) Unity Square

8 Stell Road, Aberdeen, AB11 5QR
(Open, Share, Wheelchair Access)

Sunday (11:00am – 12:30pm) The Ultimate Weapon

Tillydrone Community Centre, Gordons Mills Road, AB24 2RG
(Closed, Share, Step, Wheelchair Access, No Dogs Allowed)

Sunday (7:00pm – 8:00pm) Torry Table of Light

Old Torry Community Centre, 2 Abbey Place
Aberdeen, AB11 9QH
(Open On Request, Share, Reading, Wheelchair Access)

Alness

Monday (6:45pm – 7:45pm) Just for Today

Community Room
Capstone Centre, 1-5 Obsdale Road
Alness IV17 0TY
(Open, JFT, Share, Step Meeting, Wheelchair Access)

Elgin

Tuesday (6:30pm – 7:30pm) Doing Clean Time

The Bow Café, 61-63 High Street, Elgin, IV30 1EE
(Open, Share, Wheelchair Access)

Fraserburgh

Wednesday (7:00pm – 8:30pm)

JIC Building, 3 Albert Street, AB43 9JL
(Open, Share, Wheelchair Access)

Inverurie

Wednesday (7:30pm – 9:00pm) The Garioch Group

Acorn Centre (For Entry Use Side Door of Church),
West High Street, Inverurie,
Aberdeenshire, AB51 3SA
(Open, Share, Wheelchair Access)

Nairn

Thursday (18:30 - 19:30) We Do Recover

St Columba's Episcopal Church Hall
3 Queen Street, Nairn, IV12 4AA
(Closed, 1st Thursday of month, Step Meeting 2nd & 3rd
Literature 4th- Main Share, Wheelchair Access)
Small Church Hall with garden area and picnic bench outside

Inverness

Tuesday (7:30pm – 9:00pm) Just for Today

CYC, 12 Bank Street, Inverness, IV1 1QY
(Closed, Open First Tuesday of the Month Share,
Reading, Doors locked 7:30pm)

Friday (7:30pm – 9:00pm) Just for Today

CYC, 12 Bank Street, Inverness, IV1 1QY
(Closed, Share, Reading, Doors locked 7:30pm)

Thurso

Wednesday (7:00pm – 9:30pm)

Thurso Community Café, 17 Traill Street, Thurso, KW14 8EJ
(Open, Format Varies, Wheelchair Access)

Wick

Tuesday (6:00pm – 7:30pm) Hybrid

The Haven, Bankhead Road, Wick, KW1 5LB
(Meeting ID - 820 586 0932 Password - 202084)
(Open, JFT, Wheelchair Access)

These meetings are held on the non-affiliated platform Zoom.
Their ID is followed by the password.

Monday (7:15pm – 8:45pm) Clean & Serene

Meeting ID - 950 213 420
Password – serene

Tuesday (6:00pm – 7:30pm) Wick Hybrid

Meeting ID – 820 586 0932
Password – 202084

Tuesday (8:00pm – 9:30pm) Castlegate

Meeting ID - 942 726 232
Password – gate

Thursday (7:00pm – 8:30pm) Polish Speaking Meeting

„mityng polskojęzyczny”
Meeting ID - 326 393 914
Passcode – 831083

Thursday (8:00pm – 9:30pm) Rosemount

Meeting ID - 850 2238 2745
Password – mount

Friday (7:30pm – 9:00pm) The War Is Over

Meeting ID - 857 7199 8747
Password – WAR

Saturday (8:00pm – 9:30pm) Rosemount

Meeting ID - 850 2238 2745
Password – mount

Sunday (10:00am – 11:30am) Morning Men's Meeting

Meeting ID – 935 738 2720
Password – NA1977

Sunday (7:30pm – 9:00pm) Miracles Happen

Meeting ID - 442 912 727
Password - miracles

Online Meetings