

## Service Meetings

### Area Service Committee

6:00pm Second Thursday of every month

*ASC is a Hybrid Committee meeting*

*In Person:*

High Hilton Church 1-3 Hilton Dr,  
Aberdeen AB24 4NQ

*Online:*

Meeting ID - 827 2729 3926 - Password : area

### Local Service Committee

6:00pm Last Thursday of every month

Meeting ID - 853 5630 449 - Password : LSC

## Useful Contacts

### East Coast Scotland Phoneline:

0800 048 4812

### National Helpline:

0300 999 1212

### East Coast Scotland e-mail:

pi@east.scotland.ukna.org

### National e-mail:

pi@ukna.org

### UK Service Office:

Derby House, 12 Winckley Square, Preston  
PR1 3JJ - [www.ukso.biz](http://www.ukso.biz)

Name	Phone Number

Scan QR for our Website



August 2025



East Coast Scotland  
Narcotics Anonymous.

[ecscotna.org](http://ecscotna.org)

## WHERE TO FIND MEETINGS LIST

*FREE PHONELINE NUMBER*

**0800 048 48 12**

*Scan the QR Code to message us on*

*Our What's App chat*

*or visit our home page*

[ecscotna.org](http://ecscotna.org)



### *What Is The Narcotics Anonymous Program?*

NA is a non-profit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. There are no strings attached to NA. We are not affiliated with any other organizations, we have no initiation fees or dues, no pledges to sign, no promises to make to anyone. We are not connected with any political, religious or law enforcement groups, and are under no surveillance at any time. Anyone may join us, regardless of age, race, sexual identity, creed, religion, or lack of religion.

## Aberdeen

### Monday (7:00pm – 8:30pm)

Kildrummy Ward, Royal Cornhill Hospital, Aberdeen, AB25 2ZH  
(Open, Share, Step, Reading, Wheelchair Access,  
No Dogs Allowed)

### Tuesday (7:00pm – 8:30pm) Keep it Simple

St Mary's Cathedral, Huntly Street, Aberdeen,  
AB10 1SH  
(Open, Share, Reading)  
Buzz Internal Buzzer Ogilvy Hall for Entry

### Wednesday (7:15pm – 8:45pm) Connect @ Castlegate

St Peters Church, 3 Chapel Ct, Aberdeen AB11 5HX  
(Open, Share, No Wheelchair Access)

### Thursday (8:00pm – 9:00pm) Rosehill - A New Way of Life

High Hilton Parish Church, Hilton Drive, Aberdeen, AB24 4NQ  
(Closed - Open on Request, Share)

### Friday (8:00pm – 9:00pm) New Beginnings

Kildrummy Ward, Royal Cornhill Hospital, Aberdeen, AB25 2ZH  
(Open, Share, Reading, Wheelchair Access, No Dogs Allowed)

### Saturday (6:00pm – 7:30pm) Unity Square

8 Stell Road, Aberdeen, AB11 5QR  
(Open, Share, Wheelchair Access)

### Sunday (7:00pm – 8:00pm) Torry Table of Light

Old Torry Community Centre, 2 Abbey Place  
Aberdeen, AB11 9QH  
(Open On Request, Share, Reading, Wheelchair Access)

### Sunday (11:00am – 12:30pm) The Ultimate Weapon

Tillydrone Community Centre, Gordons Mills Road, AB24 2RG  
(Closed, Share, Step, Wheelchair Access, No Dogs Allowed)

## Alness

### Monday (6:45pm – 7:45pm) Just for Today

Community Room  
Capstone Centre, 1-5 Obsdale Road  
Alness IV17 0TY  
(Open, JFT, Share, Step Meeting, Wheelchair Access)

## Elgin

### Tuesday (6:30pm – 7:30pm) Doing Clean Time

The Bow Café, 61-63 High Street, Elgin, IV30 1EE  
(Open, Share, Wheelchair Access)

## Fraserburgh

### Wednesday (7:00pm – 8:30pm)

JIC Building, 3 Albert Street, AB43 9JL  
(Open, Share, Wheelchair Access)

## Inverurie

### Wednesday (7:30pm – 9:00pm) The Garioch Group

Acorn Centre (For Entry Use Side Door of Church),  
West High Street, Inverurie,  
Aberdeenshire, AB51 3SA  
(Open, Share, Wheelchair Access)

## Nairn

### Thursday (18:30 - 19:30) We Do Recover

St Columba's Episcopal Church Hall  
3 Queen Street, Nairn, IV12 4AA  
(Closed, 1st Thursday of month, Step Meeting 2nd & 3rd  
Literature 4th- Main Share, Wheelchair Access)  
Small Church Hall with garden area and picnic bench outside

## Inverness

### Tuesday (7:30pm – 9:00pm) Just for Today

CYC, 12 Bank Street, Inverness, IV1 1QY  
(Closed, Open First Tuesday of the Month Share,  
Reading, Doors locked 7:30pm)

### Friday (7:30pm – 9:00pm) Just for Today

CYC, 12 Bank Street, Inverness, IV1 1QY  
(Closed, Share, Reading, Doors locked 7:30pm)

## Wick

### Tuesday (6:00pm – 7:30pm) Hybrid

The Haven, Bankhead Road, Wick, KW1 5LB  
(Meeting ID - 820 586 0932 Password - 202084)  
(Open, JFT, Wheelchair Access)

## Online Meetings

These meetings are held on the non-affiliated platform Zoom.  
Their ID is followed by the password.

### Monday (7:15pm – 8:45pm) Clean & Serene

Meeting ID - 950 213 420  
Password – serene

### Tuesday (8:00pm – 9:30pm) Castlegate

Meeting ID - 942 726 232  
Password – gate

### Tuesday (6:00pm – 7:30pm) Wick Hybrid

Meeting ID – 820 586 0932  
Password – 202084

### Thursday (7:00pm – 8:30pm) Polish Speaking Meeting

„mityng polskojęzyczny”  
Meeting ID - 326 393 914  
Passcode – 831083

### Thursday (8:00pm – 9:30pm) Rosemount

Meeting ID - 850 2238 2745  
Password – mount

### Friday (7:30pm – 9:00pm) The War Is Over

Meeting ID - 857 7199 8747  
Password – WAR

### Saturday (8:00pm – 9:30pm) Rosemount

Meeting ID - 850 2238 2745  
Password – mount

### Sunday (10:00am – 11:30am) Morning Men's Meeting

Meeting ID – 935 738 2720  
Password – NA1977

### Sunday (7:30pm – 9:00pm) Miracles Happen

Meeting ID - 442 912 727  
Password - miracles